

Hugh Manresorz

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SKILLS SUMMARY

- 2 years community health education experience with Red Cross First Aid Certification
- Strong interpersonal, intercultural, and group communication skills
- Excellent organizational and leadership skills
- Outstanding public speaking abilities
- Proficient in conversational and written French (1 year college French courses) with ability to work with diverse groups people

EDUCATION AND CERTIFICATIONS

Bachelor of Arts, Major: **Communication Studies**, Minor: **Sociology**, Western Washington University (WWU), Bellingham, WA, Expected June 2015

University of Paris, International Study Abroad Program, French language and culture study, Paris, France, June – Sept. 2014

First Aid Certificate, American Red Cross, Bellingham, WA, Dec. 2013

RELEVANT HEALTH VOLUNTEER EXPERIENCE

Health Peer Advisor, WWU Health and Wellness Center, Bellingham, WA, Sept. 2013 - present

- Develop and give workshops about HIV and STD prevention, sexual health and safety
- Promote health services to youth and young adults in resident halls, classrooms and during office visits
- Discuss patient health issues and while maintaining confidentiality
- Identify community health resources and make referrals
- Take patient vitals including blood pressure, pulse, and temperature
- Communicate with Nurse Practitioner about daily patient appointments
- Organize and conduct quarterly community health forum on campus

HIV/AIDS Hospice Volunteer, Sean Humphrey House, Bellingham, Sept. 2012 – June 2013

- Led bi-weekly exercise and conditioning classes for residents living with HIV/AIDS in a licensed care facility
- Taught cooking lessons focusing on nutritious, locally-sources recipes
- Accompanied patients to medical, dental and other appointments
- Organized information tables at community events
- Gave presentations during the annual fund-raising blitz

OTHER COMMUNITY INVOLVEMENT

Outreach Representative, WWU Alumni Association, Bellingham, WA, 2012-2013

- Trained team members on phone outreach for large capital donation campaigns
- Monitored fund-raising results and tracked donations using Microsoft Excel; and entered detailed information into computer database
- Wrote daily reports and provided leadership with regular updates

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Peer Mentor, WWU Black Student Union, Bellingham, WA, June 2012 - June 2013

- Mentored African American students to support and engage them into university community activities
- Spoke at Malcolm X Dinner on the topic of social integration and diversity
- Collaborated with community, student groups and local government agencies to increase awareness of social issues facing diverse populations

Diversity Outreach Volunteer, WWU H.A.N.D.S. Program, Bellingham, WA, Jan. - June 2012

- Mentored low-income, Hispanic middle-school students in classes and after school
- Identified students' life goals and promoted the benefits of obtaining a college degree

WORK EXPERIENCE

Office Assistant, WWU Admissions Office, Bellingham, WA, Sept. 2011-June 2012

- Promoted interest in Western to students of various ethnicities to increase diversity in the student population
- Led small and large group campus tours for prospective students and their families
- Used a variety of social media platforms including facebook, Twitter, Instagram, to educate the public about admission requirements and campus life
- Collaborated with office team to schedule appointments and campus visits, answer phones and process admission files

YMCA Camp Counselor, Shoreline, WA, Summers 2008-2011

- Organized and lead physical education and recreational activities culminating in a week long "Summer Olympics"
- Mentored vulnerable, disadvantaged youth in school and at home
- Supervised groups of boys ages 9-12 in full day camp